

GCMS Alliance Focus

Volume 1, Issue 1

Fall 2011

Upcoming events:

- Cooking Demonstration at the home of Sue Lauber Tuesday, November 1, 2011 at 11:30 am
- President's Ball Saturday, November 19, 2011 at River Front Center
- An Evening with Maestro Enrique Diemecke Thursday, January 26, 2012
- Charity Event for Children February 21, 11:30 am
- High Tea March 20, 2012 at 11:30 am
- Wine Tasting at the home of Dr. Dan & Mary Ryan April 20, 2012 at 6:30 pm
- Geranium Luncheon May 22, 11:30 am Warwick Hills

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International Luncheon

You are invited to the always popular event of the year. Join us for this fun filled program to meet old friends and make new ones. You can sample the delicious dishes prepared by our talented members.

Please join us on
**Tues., Sept. 27, 2011
 at 11:00 A.M.**

at the home of Drs.
Venkat & Rama Rao,
 11706 Kings Colony
 Grand Blanc, Mi.
 48439

Cost is \$20 or bring a dish enough for 15 people.

**RSVP by Friday,
 September 23, 2011**

Lakshmi K. Tummala

(810) 733-3163
lktummala@gmail.com

or

Cheryl Thoms

(810) 732-7719
psclthoms@earthlink.net

Please specify if you are bringing a dish to pass and what you are bringing.



www.gcmsalliance.com

I hope you will find our website a useful tool to learn about the Alliance. Please check the website regularly to stay informed about upcoming programs, and enjoy pictures of past events

that you may have or have not attended. Take the time to read the Focus Newsletter to stay informed and up to date on our activities. If you would like to have something posted, you

can reach me using the contact us tab or email me directly at rulaali@aol.com Please take the time to check www.gcmsalliance.com regularly.

President's Note

Dear Members,

It is my honor to represent you as the president of the Genesee County Medical Society Alliance. Thank you for trusting me as your leader. I can assure you, I have not, and will not take my responsibility lightly. Under the current economy, we are losing members, and the budget is strained, the time is hard for many of you, and so is our organization. However, it is the year we will give back to our members. I want to increase the communication between the board and the members. We want you to come to our programs and

events, and feel a sense of belonging, to carry with it a sense of pride of being a part of this wonderful, unique organization!

It is my primary goal to recruit more members. I have been working really hard for over a year to make new friends, to reacquaint with old friends hoping they will join our organization. We have created programs to attract the older members and the members who have stopped coming to the programs. Most of all, the board has promised to work hard to revive our county Alliance which was always the model for the

state alliances. With our dedication and your help, we can do it again!



Meet Our New Members

Adrienne Macksood was born and raised in Holly, Michigan (with a move, in between, to Cincinnati, Ohio). Following high school, she attended Central Michigan University receiving a Bachelor of Science degree in Public Health.

Upon graduation, she took a position as research coordinator for the University of Michigan

Dianne Morris is an RN, BSN who is not working presently. She is married to Dr. Stephen A. Morris, Plastic Surgeon on Hurley's Trauma Service since March, 2010. After residency, Steve served in the U.S. Army for 11 years. He later worked as a general surgeon at a small rural hospital in a poor country. For 14 years, he worked at a private

Comprehensive Cancer Center. She eventually moved on to become a neuroscience pharmaceutical sales representative for Glaxo-SmithKline and Otsuka Pharmaceuticals.

Later, she began to pursue her passion in interior design by completing design coursework and eventually becoming employed at Kelly-Younger Interiors, in Flint,

reconstructive and plastic surgery practice in Saginaw. Later, they lived in China for one and a half years before moving to Flint. The couple has three grown children, two married daughters and one son living in Missouri, Colorado and Texas. Dianne's interests are international cooking, reading, swimming, walking and befriending international students.

Mi. Most recently, she started her own business, Adrienne Macksood Design, LLC. She is also an independent sales representative for Arbonne International skin care products.

She is married to urologist, Dr. Michael Macksood who has been practicing in Flint for nearly thirty years. In her free time, she enjoys running, cooking and traveling.

Christine Doan was born and raised in Vietnam. She migrated to the U.S. in 1979 and lived in California where she went to school and college. Upon graduation, she worked in the fashion industry. Her hobbies include reading and designing. Christine is married to Dr. Kiet Doan, a general surgeon at Genesys Health System. The couple have three children.

Annual Session

The MSMSA Annual Session 2011 was held this past May in Traverse City, at the historic Park Place Hotel. Genesee County was represented by three members, Rosa Wang, Lakshmi Tummala and Sara Duda, all of which serve on the MSMSA Board. After arriving on Friday afternoon, a group went on an escorted tour of the local well renowned wineries in Traverse City. It was a great social event and a good chance to make new friends throughout the state. Friday evening, several members went out for dinner at some of the fabulous eateries that Traverse City has to offer. In the evenings, the hospitality room was open at the hotel, where we were able to unwind and enjoy some amazing desserts

provided by the Marquette-Alger Alliance. The pasties were very tasty! On Saturday morning, there was one last Board Meeting for the year, followed by a lunch with guest speaker Frida Waara. Frida is from the Upper Peninsula and is an world renowned traveler, having been on the only all-female team to ski across the North Pole. After lunch, there were Bylaws and Finance Committee meetings. In the evening, we attended the Alliance Banquet, which was held at "Top of the Park", a window enclosed restaurant on top of the Park Place Hotel, which had amazing views of the area. After dinner, we were able to get a "behind the scenes" tour at the Deannos Museum, which was host-

ing the touring exhibit "Bodies in Motion." On Sunday morning, we went over Reference Committee reports, and had the installation of new officers. Outgoing President Lynn Moon gave one last speech, and the incoming President Felicity Thompson gave her first formal speech as President for the 2012 year. Next year, the Annual Session will be held in Ann Arbor. We look forward to having more representatives next year from Genesee County. Many thanks to all the ladies that attended the event, your dedication to the Alliance is what keeps us going and growing!

Respectfully submitted by

Sara Duda

16th Annual Healing Hands 5K Run/Walk

Saturday, May 15th was a beautiful day in downtown Flint at Mott Community College for the race. With the help of a wonderful committee of volunteers the race was a big success. Our committee members are: Rima Kudish, Barb Pougnet, Suzanne Robinson, Bonnie Hudson, Sandie Smith, Elizabeth Jordan, Lakshmi Tummala, Doris Hasan, Gay Ann Roos, J. Jennings, Dina Chron, Judy Rau, Agnes Taylor, Jeanette Rivera and Marianne Almeida. These ladies put in countless hours to make this race a success and it wouldn't be possible without them.

As a result of all the hard work and contributions, the race earned \$105,000.00. This money goes to the Genesee County Free Medical Clinic to help many patients in need. In this economy the need has become critical.

It was great to see so many families and friends come out to support the Genesee County Free Medical Clinic by participating in the race. Rod Prahin and Angie Hender-shot were present again this year to assist in awarding the medals to all of the winners. They have donated their time for many years to help us and we really appreciate it. Also thank you to all of the volunteers that come early in the morning the day of the race and help until the race is over. Without their help it would be impossible for the race to run as smoothly as it does. And a big thank you to all of the businesses that donate food for the race. Gault Management did all of the timing this year. They have also been with us for many years and

do a fantastic job.

So again this year I ask for your help. If you would like to be on the committee or assist the day of the race, please contact this year's chairperson Jeanette Rivera at 810-241-2431.

*Save the date! 17th Annual
Race Saturday May 19, 2012*

Happy Running,

Marianne Almeida



Health Career Program

"Fifty years and still going strong"!!! For the past 50 years, the Alliance has partnered with Hurley Medical Center to provide high school students an opportunity to explore the vast field of medical careers through its Health Career program. Certificates and awards are presented to students volunteering a minimum of thirty hours



per school semester and these may be used in the student's portfolios. There is no academic credit given for the program. However, schools are encouraged to award graduating seniors with community service awards. We are proud to announce that at the end of the school year, 74 high school students volunteered 4,668.25 hours of hospital service to

Hurley Medical Center and the Alliance Health Career program.

Program requirements:

15-18 years of age and in grades 10-12.

Good school attendance and a GPA of 2.8 or higher.

Commitment of 3 hours per week for one semester .

More Requirements:

Submit completed volunteer packet to Volunteer Director.

If under 18 yrs. of age, a work permit is required. May be obtained from school and brought to orientation. If under 18, a parent or guardian must attend full session of general orientation.

Bring social security card to hospital orientation.

TB test required of all volunteers (given free of charge at orientation). Show written parental or physician assurance of immunizations.

Physician release is required (i.e. sports physical).

Contact Volunteer Director at
Hurley Medical Center 810-262
-9152 for information packet
and to register.

Volunteers are required to purchase a uniform 'scrub' top.

Orientation date: October 17th, 2011. Spaces may be limited.

If you need further information, please call Mary Lou Mathias, at 810-732-2053.

Membership

Dear Alliance Members,

The first dues bill was mailed to you in June and several members responded promptly. I urge those members who have yet to pay, to mail your check ASAP. This will eliminate subsequent billings that incur additional expense to the

Alliance. The money saved on invoices and postage could be put to better use on our service oriented projects in the community. Your cooperation in this matter is greatly appreciated.

As always, thank you for your continued support of the Alliance.

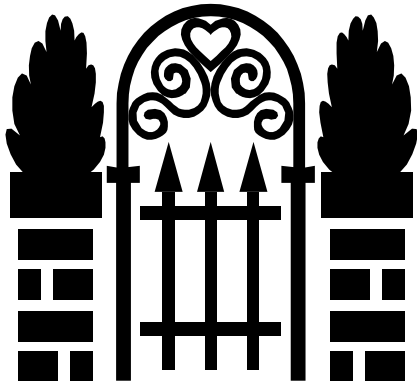
Lakshmi K. Tummala

Membership Chair



Doctors & Their Families Make a Difference

Since 1979, the YWCA Safe House Shelter program has provided emergency shelter and comprehensive support services to battered women and their dependent children as well as victims of sexual assault. Victims of domestic violence, often have to flee their homes at a moments notice with nothing but the clothes on their back. Our Alliance members can help make their lives at crisis shelters a little easier by donating much needed basic comforts we take for granted.



The following personal care items are needed by the shelter residents: diapers, baby wipes, baby food and formula, feminine products, shampoo, ethnic hair products, deodorant, toothbrushes, toothpaste, laundry and cleaning products, new socks and underwear for children and adults, new pillows and bedding, children's books and tapes, and phone cards.

Please bring your donated items to the GCMS Alliance International luncheon on Tuesday,

September 27, 2011 at the home of Dr. Rama Rao. You may also deliver your items to the following persons by October 26, 2011.

Anjali Misra (chairman), 1229 Heatherwood Dr., Flint, MI 48532, (732-8219)

Rula Ali-Bakr, 9383 Burning Tree, Grand Blanc, MI 48439, (606-0008)

GCMS Office, 4438 Oak Bridge Dr., Flint, MI 48532, (733-9920)

Regardless of whether one volunteers once a year or on a regular basis, every volunteer effort makes a difference in someone's life.

Mary Lou Mathias

Health Promotion Chair



Geranium Luncheon

The Geranium Luncheon is an annual luncheon held at beautiful Warwick Hills Country Club for the Alliance to swear in the new President, this year Rosa Wang, and to honor our outgoing President Velynda Makhene and all of our past presidents. It was a wonderful setting with beautiful red geraniums as centerpieces and dotted throughout the room with the sun shining through the bay window. Velynda opened the meet-



ing and introduced Dr. Bobby Mukkamula, the GCMS president, as always supporting the Alliance with his speech. Rosa invited her pastor, Rev. David Hintz, to offer the invocation before the delicious lunch was served followed by a scrumptious dessert. A memorial was said for Alliance member Mary Fan, who passed away this past year, with a beautiful yellow rose and the lighting of a candle. We will miss her.

We then presented red roses to our 50 year members who were present, Dorothy Davis, Mary Lou Mathias, Barb Pougnet, Iona Singh, and Shirley Sullivan. It is an honor to have these ladies join us for lunch every year and continue to support the Alliance.

It was then time for the new board members to be inducted. Oya Agabigum will be our President-elect, Sara Duda will be Secretary and Amita Desai will be our treasurer, joining Rosa Wang as President.

**OCTOBER IS BREAST CANCER
AWARENESS MONTH—DON'T
FORGET TO SCHEDULE YOUR
MAMMOGRAM.**

In Memory of Ida
Dawson
August 17, 2011 93 years



Legislation

*Watch for emails and please participate in the
MSMS Action Center. Each person makes a
difference. For more information contact
beschumacher@hotmail.com.*



2011 Geranium Luncheon - Past Presidents

Genesee County Medical Society
ALLIANCE FOCUS
4438 Oakbridge Dr., Suite B
Flint, MI, 48532